

RÉSUMÉ WORKSHOP

Careers. Jobs. Work.

Job: a specific employment with a particular employer (*pharmacist* at London Drugs)

Work: the general description of what your job entails (*filling prescriptions for customers*)

Career: the area in which you focus your various jobs over a length of time – possibly even a lifetime! (*medicine*)

Purpose of a Résumé

For the applicant, it's a...

- marketing tool to get a job interview
- summary of skills, abilities, accomplishments, experiences and interests that make you a good fit for the job

For the hiring employee, it's a...

 prescreening tool for when there are large numbers of candidates

The Key to a Good Résumé

Most people looking for work use a résumé that outlines their past experiences: "Here's what I did yesterday."

This leaves it up to the employers to figure out how you can add value to their organization. That's no way to sell yourself! You need to show them: "Here's how I can help you today."

A Good Résumé Should:

Show you meet the employer's requirements, and will fit well into their operation.

Be competitive.

Clearly describe your capabilities and personal characteristics, highlighting your unique selling points.

Be clear, concise, and to the point (1-2 pages).

3 Résumé Formats

Chronological Functional Combination



Chronological Résumé

Over 60% of all resumes are chronological!

Arrange by date: most recent employment first, proceeding backwards in time. The most recent position occupies the most space.

Following each date is the JOB TITLE and EMPLOYER'S NAME.

Ideal for someone with a varied background and no spotty work history, and who wants to show progression in skill development or responsibilities.

Advantages

Familiarity: easily recognized by employers

Easiest one to write

Reflects reliability

Useful to employer during interview: can see work pattern and progression

Disadvantages

Lacks invisibility: cannot hide spotty work history or excessive job hopping

Inflexible: does not allow for moving information around, as must stay in timeline



Functional Résumé

Lists experiences by functions performed or transferable skills headings.

Omits employer's name and dates worked.

Works well with job titles that differ from one field to another, since employer can easily recognize the skills when titles are misleading.



Advantages

Selectivity: can select relevant information only

Flexibility: able to move information around

Invisibility: can hide spotty work history and excessive job hopping

Disadvantages

Inflexibility: doesn't allow you to put in the dates and company names

Lacks credibility: no names and no dates...what are you hiding?

Confusion: if you do not organize information, it can be confusing

Combination Résumé

Combines features of the CHRONOLOGICAL and FUNCTIONAL résumé.

Organized by function or transferable skills headings.

Includes employer's name, job title, dates of employment, and education.

It is longer and harder to compose than the other two formats, but provides a fuller picture.

Advantages

Relevance: target your résumé and market relevant skills

Flexibility: move information around to emphasize and minimize

Selectivity: pick and choose what you want to put in and what you want to leave out

Disadvantages

Lengthy: if you are not careful, may be too long with many details

Lack of clarity: without organization, may be confusing

Loss of emphasis: most recent position's importance may be overlooked

Sections of a Résumé



- Contact information Mandatory
- Objective (job goal) Mandatory
- Related skills Mandatory
- Education
- Work experience & Duties
- Additional experience
- Interests & Activities
- References Mandatory

Contact Information

Your name

Full (legal) name

Address

Your home address, written out in full, without abbreviations

Telephone number

Home and/or cell phone number with area code; include a contact number for messages if you don't have an answering machine or voicemail

Email address

Objective

In one sentence, tell the employer exactly what type of work you're looking for.

Try to link your objective to the specific job you're applying for.

Related Skills

List your special abilities and skills that relate to the job you're applying for.

They can be from paid or unpaid work, volunteer experience, and even hobbies.

Education

List your education, starting with the most recent diploma or training course and working backwards. Include:

- Name and location (city or town) of each school (secondary and beyond)
- Programs or specialized courses you took
- Years of schooling completed (at each institution)
- Certificates or diplomas completed (including those for programs like a computer or software course, first-aid, small engine repair, or any other training that might be useful to the job you want)

Work Experience

List the companies or organizations where you worked or volunteered. Include where they are located (cities and provinces), and the dates (month, year) you worked.

Outline the major type of duties you carried out at each of your previous jobs, starting from the one that took most of your time, or involved the most responsibility.

Provide no more than 5 duties for each job.

Additional Experience

Such things as the languages you speak, software programs you know, and other abilities that relate to the job you're applying for.

If there is a lot of information, break it into separate sections with specific headings.

Interests & Activities

Briefly outline a few of your interests and activities that demonstrate something about you.

Mention achievements or awards you have received.

If you have volunteer experience that is relevant to the job, make sure you put it in; transferable skills are important!

References

Think carefully about who to ask to be references, and ask their permission. They should be people who have worked with you recently, so that you will be fresh in their minds.

Type the names, addresses, and phone numbers of up to three references on a separate piece of paper matching your résumé formatting.

If you can, give your reference an idea of the type of job you are applying for, and let them know when you think an employer will be calling them, so they can be available and will have some time to think about what to say.

Reference letters are not included in your résumé, but you should have them ready.

Who can be a reference?

- Someone from your school (teacher, counsellor, coach)
- Someone you've worked for (summer, part- or full-time employer)
- Someone you've worked for on a casual basis (babysitting, shovelling snow, delivering papers)
- Someone you've helped (as a volunteer)
- Someone whose opinion is respected (elder, minister, community leader)

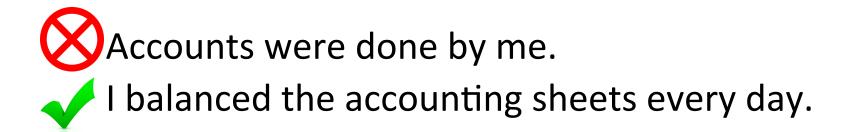
What NOT to Include:

- Expected salary
- Reason for changing jobs, or leaving a previous job
- Social Insurance Number
- Addresses of former employers
- Age
- Marital status
- Parental status (whether you have children, or are pregnant)
- Height and weight
- Health status or disabilities
- Race
- Religion
- Sexual orientation

Choose Language Wisely

A results-oriented résumé is generally more powerful and impressive than one which highlights only responsibilities.

My jobs was to I accomplished
Use action verbs and active voice.



Be Accurate

A résumé must be accurate.

Employers will check out your claims. They may call your references, look you up online, and ask around (such as mutual acquaintances or former coworkers).

Design Carefully

A résumé must be neat, well organized, and easy to read. Clean, attractive design helps!

Kathy Saveur

80 Sutton Hace ~ Fairfield, CT 38765 316-987-5532 ~ kathy@att.net

Connecticut Certified Teacher

Date

Name Address Address City, State, Zip

Dear Contact Name:

Please consider me an applicant for the First grade teacher position that your school system has available. I learned of the position from the date edition of the newspaper. For the past four years I have been a full day Kindergatent reacher at St. Francis School in Oxford, Connecticut. I am eager for an opportunity to expand my opportunities as a professional.

- Excellent ability to concurrently manage classrooms of children at varying levels, while meeting rigorous performance standards and demanding schedules.
- As a teacher at St. Francis, built a structured, nurturing classroom environment utilizing the Maine State Learning Results as a framework for helping each child realize their fullest potential.
- Strong ability to individualize the curriculum to meet the needs of all levels of students in the same classroom.

A major strength that I would bring to the Westford School System is my successful experience as a full-day Kindergatten teacher. With strong communication, organizational, and classroom management skills, I am confident that I can be a valuable asset to both the elementary team at the Westford School System. I feel that my strong background in elementary education, shilly to assimilate new ideas and concepts, and dedication to children would be of great benefit as well. I strongly believe that all children can learn and with that belief children do learn.

I would welcome the opportunity to interview with your selection team and look forward to hearing from you in the near future. Thank you for your time and consideration.

Sincerely,

Kathy Saveur Connecticut Certified Teacher

VAN JONES

12345 Street Name Ave. • Springfield, CA 11111 • (555) 555-5555 or (555) 555-5555

xxxxxx@resumewriters.com

EXECUTIVE SUMMARY

Extensive experience in operations and manufacturing management spanning plastics, metals, automotive, medical, and aerospace industries. Passionate about quality and customer satisfaction. Record of improving efficiency, productivity, and profitability through automation and process improvement. Outstanding interpersonal, motivational, and presentation skills. Analytical, articulate, and diligent.

CORE COMPETENCIES

Strategic Planning Quality Control Manufacturing Automation Process Improvement Project Leadership
Budget Planning & Cost Control Client Relations
Proposal Development Market Analysis

PROFESSIONAL EXPERIENCE

Independent Consultant

- · Plan and execute research and development on free energy products.
- · Direct prototyping of various products.
- Develop cryogenic proposals for drying and treatment of components and products for various industries in British Columbia.

WINSTON TOOLS INC., Toronto, Ontario President

1996 - 2000

2000 - Present

- Directed strategies for prototyping, research, and development of new products for automotive, medical, plastics, and aerospace industries in government and private sectors.
- Facilitated development and manufacturing operations.

VILLAMON LTD, Toronto, Ontario

1992 - 1996

Manufacturing Consultant

- Recruited to analyze and optimize operations of 100,000 square foot manufacturing facility.
- · Identified areas of opportunity and money losing products; devised strategy to turnaround operations.

WESTERN MANUFACTURING COMPANY INC., Detroit, Michigan

1990 - 19

Vice President Operations

- Directed and managed all operations including 1,000 employees and 375,000 square foot facility.
- Reported to CEO and held full profit and loss accountability.
- Oversaw plants in 4 locations with differing product categories: automotive, sheet stock, die cut and injection molding.
- Established stringent operations budget and manufacturing labor standards.
- Reduced overtime by 73% and workforce by 15% while increasing productivity by 10%.

WONTON INTERNATIONAL INC., Sunnyvale, California Assistant to the President 1988 – 1989

REXTON INDUSTRIES, Van Nys, California

1986 - 1987

Senior Product Engineer

700 170.

POVALE TECHNOLOGIES INC., Northside, California

1984 -- 1986

Sample provided by www.resumewriters.com

Résumé Checklist



Is it attractive and easy to read?

Do key points and headings stand out?

Is it concise – no unnecessary words or sentences?

Is all the information relevant, up to date, and positive?

Are there any errors in spelling or grammar? If language is a problem, get some help! You can never get a second chance at a first impression.

And...

Use quality paper.

Pay attention to the balance of "white space" and text.

No cheap photocopies.

Employers' Pet Peeves

- More than two pages long
- Printed on poor quality or colour paper
- Typing mistakes or hand-written corrections
- Listing jobs that aren't related to the position being applied for
- Repetitive information, repetitive information, repetitive information
- Inflated or boastful claims
- Fancy pictures or charts
- Wrinkles, dirt, photocopying smears

Professional experience March 1984 - March 1985

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latect of Bora Systems funded by North Bridge and Charles Revo Venture Partners (Coco and SAP some build executives too). Neve Systems builds from and RTLS provious and solution of that are currently deployed at ever 600 sites. arriand the world in our 50 countries.

sogrand Monagement,

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Substance and Services:

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- unusural in acquiring and munaging channel partners worldwide training "priming the pump".
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- Managed the solutions development from than was distributed between US
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or of the algorithms in the Reso product. S brosed patents.

- of the RF control and management algorithms in the Resk
- of the standardination of Low-level Reader Protocol (LLRP) a work) de seland for reader interface protocol. This standard involved coordinating as effort was compared within a year which was a record time a perspective. Boson in the GSI Person of the Year award in appropriate for that effort.
- about of the Reader Protocol group in 651/6P06lobal.
- a Cooled the massive technology demonstration of a new European ETSI Standard that led to the explosive growth of SFID in Europe. This also parced the way to acquiring Netro - one of Bern's largest customers.
- a instrumental in securing partnerships with the key technology renders.

2000 - Jan 2004

control deciritecture, Lead Systems Architect, FPGA Team lead.

APRIL technical listers.

Led the technical coordination effort with AT&T. Provided architectural direction and input to the customer architecture and strategy. Coordinated the technical aspects of the sales offset. Defined and managed the lab testing of the product. Worked with the CEO and EP Sales in defining miccooful sales strategy, calminating in selection by AT&T for next generation packet aware

g TPGA team lead

- Led the trum of 8 engineers (4 deognes + 2 verification) on critical FFGA designs (leading edge cross-consect architecture for the WAT platform) naccentricity brought them to complete.
- Worked with the CEO & CTO to marking our the technical and takes strategy for partnerships and customer sales. Flored a lead technical rule at select response occount activities including ATET/Ted Canada/SIXC
- a. As the lead architect undertesis number of hardware, software and system architecture projects across 3 platforms (Suos, June, and Suos).
 - Architected modules that plug into ATAT incumbent vendor classes. The modules are (i) packet appropriate module and (ii) deep channelized OC-N module. Buth these modules were key to the AT&T MSA network architecture.
 - Architected and implemented the medium access protocol for packet transport on the ring. This architecture included a novel QOS and SLA aware distributed ring-wide bundwidth management algorithm; queuing and leaffering subsystem at the ring-ingress node and packet assembly at the ring-egress node. The architecture included off-shelf network processors and FPGAs (Ring MAC sub-system).
 - Architected and implemented a Time-Space-Time architecture for the TDM portion of the notwork element. This architecture involved multiple chips (mix of off-the-shelf chips and FPGAs). The FPGAs included (a) serdes/aligner (b) time-metch and framing, and (c) column switch. The column-switch FPGA is a nevel high-density switch fabric (12.5Gb/s for the small/mid-size platform and 32.5Gb/s for the high-end platform). The TDM switching architecture was implemented using Stratic FPGA (15-30 for 12.5Ghs and 15-60 for 27 SCh.O.). The architecture is a reference match, canadia of cutto

TECHNOLOGY INNOVATION EXECUTIVE

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PHOFESSIONAL EXPERIENCE

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VICE PRESIDENT

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- Re-attralogized and re-featured the company to Operatorial Parant Logistics in Healthcare market sorrig, poto-market, competitive enalysis, product pre-tioning and validation, and execution plans.
- Established channel and combine with Europe and Widdle East to build recurring revenue. Negotiated and closed a diverse set of cheers in many agreed
- Asserted Egalants for inventors of algorithms that contributed to an award-visiting fires product. Authored 2 paint disclosures in support of the race strategic Healthcare effort
- Created worldwide standard for reader interface protected Love-level Reader Protect (LRP), Coordinated resources from 50% companies worldaids in remark lines affects was recognized with CST Purses of the Year power in 2007. Derived as go officer of Reader Protocol group in GOTIEFO Clobal.
- Led a comparadal large also demonstration of one than paint ETS Transland that country equipment provide in Early and product and additional and foundation to complete tray account - Makes.

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DIRECTOR - NETWORK ARCHITECTURE

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- Architected several critical components including.
 - for and deep charmalized OCIII modules that connect with incumbers ATAT sharels.
 - hamport hulld with bosed QCS and SLA aware distributed tro-wide named protect for Fat included off-shall naturally processors and FPGAs. bandwidth reanagement afti-
 - Time Space Free problems for TDM purious of redward alemand, bad, and public market rever high-Acrestly seateds federic (12 hOnes for executive disease platform, 32 hOdes for Eagle and platform).
 - agement architecture that suggested a disease set of services across the network.
- AT AT and partnered directly with CEO and VP of Sales to support briterial aspects of Actual on No. BETT THE AFAT'S belowing solution for their next generation packet aware MGA network.
- Successful February CAM technology

Astrol Point - Chalmsford, MA Designate of emphis optical products 2090

PERFORMANCE ANALYSIS CONSULTANT

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Total Control of Contr THE RESERVE AND ADDRESS OF THE PARTY.

1996 - 2000

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EDUCATION

Computer Science Electrical Engineering Technology, Flourissis, India

University - College Station, Texas Destrical Engineering - University - College Station, Toess

What Recruiters Look At During The 6 Seconds They Spend On Your Résumé

Recruiters spend an average of 6 seconds before they make the initial 'fit or no fit' decision" on candidates.

Recruiters mostly look at:

- your name
- current title and company
- current position start and end date
- previous title and company
- previous position start and end dates
- education

With such critical time constraints, make it easy for recruiters to find pertinent information by creating a clearly-organized résumé. Don't include distracting visuals or irrelevant information!